

# Constable's COUNTY



**JAN**  
**2023**

Artwork by Adam Dennington



**SUFFOLK  
CONSTABULARY**  
*Taking pride in keeping Suffolk safe*



*Making Suffolk a safer place to live, work, travel and invest*

# INTRODUCTION

Firstly, I do hope you were able to enjoy a relaxing festive season and wish you all a happy and healthy new year.

Policing the Christmas period came with its anticipated challenges. This year saw the return of our night time economy businesses being able to operate without Covid restrictions.

Whilst on the one hand it provided much community engagement and enjoyment through increased socialising, it also meant increased demand for policing. As with previous years we started our planning well in advance.

Our Neighbourhood Partnership Teams worked collectively with our partner agencies, local support groups and businesses to ensure that policing resources were visibly on duty engaging with the public in the locations where they were needed the most. In the main, the Christmas period was largely uneventful and policing resources met the demand placed upon them, whilst being able to provide safeguarding to those in need.

Again, whilst New Year's Eve provided a spike in our demand, this was well catered for with the additional resourcing. Unfortunately, the type of increased demand that we responded to included public order offences, vulnerability and other offences involving alcohol and/or drugs, resulting in us responding to people who were aggressive and/or abusive to officers.

Over the three week period leading up to and including Christmas and New Year, we did see an increase in reporting of assaults on police.

This included GBH, ABH, and common assault. This is extremely disappointing over what was a relatively peaceful seasonal period. I have recently been briefing a number of senior stakeholders regarding our operational activities and have highlighted my concerns.

Like every organisation, Suffolk police is seeing the impact of the increased cost of living and we are having to plan for this in our budget. For example, fuel, heating and equipment are all more expensive than they were.

Despite these pressures on the costs of providing our service to the public, we still are recruiting actively into the Constabulary for both police officers and police staff.

Policing offers varied and rewarding career opportunities and as Chief Constable I am determined that we will be as flexible as we possibly can to make a career with us attractive to as wide a range of people as possible.

Those who join us receive excellent training that stays with you for life - and the opportunities to develop into management and specialist roles for those who choose to are fantastic.

But it is a competitive job market and we are also doing all we can to help with the cost of living so people who join us are able to afford to stay.

**Chief Constable  
Rachel Kearton**



As your Police and Crime Commissioner, setting the budget is one of my most important responsibilities. I must ensure that the Constabulary has the resources needed to provide an efficient and effective service, whilst ensuring that I use Suffolk taxpayers' money for the maximum benefit.

At the end of last month, I presented my proposal for next year's budget and asked the Police and Crime Panel to support an increase to the policing element of the council tax by 29p\* a week (\*based on a Band D property) for the next financial year.

At this meeting on Friday 27 January Suffolk's Police and Crime Panel, the scrutiny body which monitors my role, supported my proposal to increase the precept by 6%, which equates to £15 a year for a Band D property. I was very grateful the majority of the panel – 11 out of 13 - supported my plan.

Sadly, as has been the case for several years now, our funding from Government is just not enough. Suffolk is one of the lowest-funded forces in the country and faces significant challenges so I felt I had no choice but to propose the increase. Our funding from Government increased by only 1.75% and our costs have increased in line with inflation so hopefully you will appreciate there was a significant gap.

The additional funding will increase the policing budget by £3.9m and give the Constabulary the resources it needs to keep pace with the increased demands placed upon it. Fuller detail of how this funding will help us to meet with the changing

policing needs is detailed on my website.

In addition to the seven extra officers and 17 staff to be funded by this precept, Suffolk Constabulary has increased by 228 police officers since 2020. This will mean we will have over 1400 officers in Suffolk by the end of March 2023, many more than there has ever been since I was first elected. This is good news for Suffolk because it will clearly help improve policing visibility countywide.

I'd like to thank everyone who took part in the on-line survey which also supported my proposal to raise the precept; of the 2,116 respondents, 56% supported the proposal. Public opinion is crucially important to me and I do take note of every comment.

Throughout the next financial year, I will monitor the impact that this additional precept investment has had. Quarterly updates on this progress will be published on my website along with reports detailing progress on previous years' precept investment.

**Police and Crime Commissioner  
Tim Passmore**







# POLICE CADETS

## NOW RECRUITING!



## JOIN TODAY

Contact us for more info:

Email - [cadetsinfo@suffolk.police.uk](mailto:cadetsinfo@suffolk.police.uk)

[www.suffolk.police.uk/cadets](http://www.suffolk.police.uk/cadets)



@suffolkcadets



@SPVolunteers



Volunteer  
Police  
Cadets



Emergency  
Services  
Cadets



# EAST

**EAST**  
Area Commander  
Superintendent  
Matt Carney



## BECCLES & BUNGAY

PC Amy Yeldham, Community Engagement Officer

2023 was kicked off with our first 'street meet' in Worlingham which went very well and look out for our new dates and locations for the 'street meets' coming up in 2023. We say goodbye to PC Steve Fisher (pictured) as he completed his last day of service on 17 January in the police before his retirement. Thank you for everything Steve - you will absolutely be missed by all at Beccles and Lowestoft. We wish you all the best in the future. This month our roads policing officers have been conducting speed enforcement in Bungay, disappointingly numerous drivers failed to

should. For adults with care and support needs (vulnerable adults), this could be quite common. The Herbert Protocol is designed to help save time and deliver a rapid response to finding the person. It is a national scheme used by Suffolk police and other agencies which encourages carers to compile useful information which could be used in the event of a vulnerable adult going missing. For more information please see the following guidance >> [herbert protocol leaflet final may 2020 0.pdf \(suffolk.police.uk\)](https://www.suffolk.police.uk/HerbertProtocol/HerbertProtocolFinalMay2020.pdf)

Over the last month I have been conducting marine crime prevention information days in conjunction with Norfolk police's Broadbeat at Lowestoft and Beccles and have also been chatting to marina owners and about crime prevention and reporting ASB. More information of marine crime prevention can be found here > [Advice - First Principle | Suffolk Constabulary](https://www.suffolk.police.uk/Advice-FirstPrinciple/SuffolkConstabulary)

PCSO Hedley-Lewis and I have been supporting the 'warm rooms' initiative across the area and have popped into a few over December and January, including a coffee morning at St Michael's Church in Beccles. Wonderful places for people to meet in a warm friendly environment. Until next time! PC Amy Yeldham



## SOCIAL MEDIA

Twitter -  
@LowestoftPolice

Facebook -  
/LowestoftPolice



Inspector  
Mark Jackson

Inspector Mark Jackson is responsible for the two Safer Neighbourhood Teams in the Lowestoft, Beccles and Bungay locality.

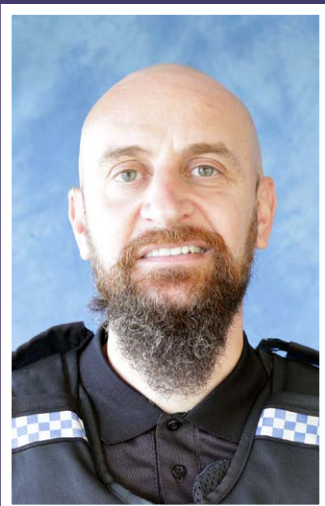
comply with the limits and they were stopped for excess speed. Officers will continue to carry out speed enforcement throughout our area in 2023. Over the last few months we have had a few incidents of either vans or sheds/garages being broken into across the east. With that in mind we ask you to take a few moments to have a look at our crime prevention information with regards to security for vehicles and shed/garages, the A-Z crime prevention can be found here >> [Advice - First Principle | Suffolk Constabulary](https://www.suffolk.police.uk/Advice-FirstPrinciple/SuffolkConstabulary). PCSO Ben Hedley-Lewis has been out to some of the local allotments talking to gardeners about shed security.

You may or may not have met him already, but I would like to extend a warm welcome to Pc Joe Mckay (pictured) from our Safer Neighbourhood Team who will be stepping into PC Fisher's role for Beccles and Bungay, so please do say hello if you see him.

PCSO Hedley-Lewis has been speaking with residential homes and other care facilities in the areas of Beccles and Bungay about the Herbert Protocol, There is nothing more frightening than when a loved one, friend, neighbour or someone you are caring for fails to return when they







## LOWESTOFT

### PC Chris Pallett, Community Engagement Officer

Happy New Year everyone, hope you all had a great festive period.



For those that don't follow our Lowestoft police Facebook page, some of our officers had the pleasure of joining the lovely folk of Lowestoft at the yearly Christmas swim. Due to the weather, it was probably one of the few times that they were happy to be stood on the side-lines watching! It was a fantastic turn out and great to see so many people in attendance.



One of the first things I would like to mention is this year's upcoming HOPE Awards and the procedure for making nominations. The HOPE Awards were created by Suffolk police and Suffolk County Council to celebrate the contribution young people make in Suffolk. We are looking for individuals and groups of young people aged 11-18 years old who have gone above

and beyond, demonstrating resilience, determination and teamworking during 2021-2022.

There are awards in the following categories:  
Diversity  
Respect and Kindness  
Teamwork  
Determination

To find out more information and to make a nomination visit [www.suffolk.police.uk/hope-awards](http://www.suffolk.police.uk/hope-awards). You just need to add your details, details of the person or group that you are nominating and describe to us in no more than 500 words your reasons for nominating them. Nominations close on Friday 24 February 2023. Last year's east and overall Suffolk winner was Daniel Jillings from Bungay High School. Daniel has been profoundly deaf since birth and he has campaigned to make British Sign Language a GCSE subject and did a presentation outside Parliament. He teaches BSL in school to students and staff. Daniel is an inspiration to all and a valuable member of the school.

Finally, just a reminder that non-urgent reports can be made to Suffolk police online at [www.suffolk.police.uk](http://www.suffolk.police.uk) and go to the 'Contact Us' page. You can also provide information to us via the intelligence reporting email at [intelligence.reporting@suffolk.police.uk](mailto:intelligence.reporting@suffolk.police.uk) and all information can be given anonymously if required. We also have our Live Chat online service that allows you to contact police via the website regarding non-emergency matters. Live Chat is available Monday to Friday between 9am and 5pm. Whilst Live Chat is not a reporting tool, users can contact police with non-urgent enquiries such as requesting updates to an existing reported crime and asking for advice or support to anything police-related.

## SOCIAL MEDIA

Twitter -  
[@LowestoftPolice](https://twitter.com/LowestoftPolice)

Facebook -  
[/LowestoftPolice](https://www.facebook.com/LowestoftPolice)



**Inspector Mark Jackson**

Inspector Mark Jackson is responsible for the two Safer Neighbourhood Teams in the Lowestoft, Beccles and Bungay locality.



## HALESWORTH DISTRICT

### PC Simon Green, Community Engagement Officer

By the time you read this, 2023 will be well underway and Christmas & New Year 2022 well & truly over.

Halesworth officers, PCs Ceryse Lye & Daniel Bell thrilled the young children of a family in Halesworth over the Christmas period while on patrol.



The children's mum & dad happened to see the officers on mobile patrol close to their home and asked if they would mind passing by so the children could see the marked car driving past. Clearly, just a 'drive-by' was never going to be enough, so the officers stopped at the children's home so they could come out & see the police car close-up. Little fingers pressed big buttons, illuminating blue lights and generating big hugs from the children. Great Christmas engagement! As well as the seasonal drink / drug drive offences police deal with over this period, road traffic collisions (RTCs) are usually a high demand on resources too, with icy conditions presenting a challenge to drivers.

So far this winter though (fingers crossed) road conditions have been much improved and standing water from rain has been the main hazard. The excessively cold snap we had just before Christmas occurred at a time when many people had already finished for the holiday period and the roads subject to less traffic. So, although ice & snow haven't so far featured in the RTCs we've attended (I'm writing this 12 Jan, so there's time yet for a change in weather), wet roads have been the cause of many of those we have. For advice about how to adapt your driving in bad weather, follow this link to the Suffolk Constabulary website [Driving In Bad Weather](https://www.suffolk.police.uk/driving-in-bad-weather)

In January, our east Kestrel team (based at Framlingham) attended a report of an altercation between three males in Kanton. What was originally a welfare attendance turned out to be a drugs haul, with the location reported being a

cannabis factory; one of the largest discovered, not just in the Halesworth locality, but countywide. It's estimated there were up to a thousand plants being grown. Officers attending said they had never seen such a large quantity of plants. The seizure and clearance of the warehouse by police took a number of days and the five people arrested are on police bail until 31 March, pending further enquiries.

Although police officers are well versed in being able to spot the signs of cannabis cultivation, it sometimes seems difficult to comprehend how an operation on this scale could have gone unnoticed by those living and working nearby or passing by regularly. For information about how to spot a cannabis farm, follow this link to our 'First Principle' crime reduction page on our website > [How To Spot A Cannabis Factory](https://www.suffolk.police.uk/how-to-spot-a-cannabis-factory)

We had a positive result from one of our Facebook posts in January, when we appealed for information about a criminal damage offence in The Thoroughfare in Halesworth. The CCTV showed a female teenager spray painting the wall of a commercial premises just off The Thoroughfare on the 9th November 2022. Originally, her identity was unknown, but, following a social media request for information, she was identified and dealt with.

As a community engagement officer, the return to school for pupils in the autumn term often generates many requests for school visits. Last autumn & this winter have (so far) enhanced that trend, with an even greater number of requests for police visits to primary schools than usual. I expect this is probably the effect of schools largely returning to normal after the relaxation of Covid restrictions. At the time of writing, I've visited Fressingfield, Laxfield, Reydon, Benhall, Aldeburgh, Palgrave, Coldfair Green, Worlingworth & Holton. I've also visited Bungay High School for a careers event and been to Stoke Ash to visit their 'Rainbows' group.

Please remember, if you are connected with a school or community group, we community engagement officers are very happy to attend and talk about or do a demonstrate of policing subjects. Contact myself for the Halesworth locality at [ceohalesworth@suffolk.police.uk](mailto:ceohalesworth@suffolk.police.uk). If you live elsewhere in Suffolk, here are the contact details for my colleagues in other parts of the county > [Community Engagement Officers](https://www.suffolk.police.uk/community-engagement-officers)

## SOCIAL MEDIA

Twitter -  
[@HaleswrthPolice](https://twitter.com/HaleswrthPolice)

Facebook -  
[/HalesworthPolice](https://www.facebook.com/HalesworthPolice)

## Inspector Gary King

Inspector Gary King is responsible for the three Safer Neighbourhood Teams in the Halesworth locality.





## BURY ST EDMUNDS

PC Lee Andrews-Pearce, Community Engagement Officer

Just before Christmas the Safer Neighbourhood Team visited the children's ward and paediatric emergency department with Police Dog Morse, who was a big hit with patients, parents, and staff. The team gave out lollipops, stickers, and activity sheets to the children.



PCSO Mandy Pooley and community engagement officer PC Lee Andrews-Pearce have been at the 'Time Out' staff canteen at West Suffolk Hospital to hand out property marking kits to staff and give crime prevention advice. Taking a box of sweets certainly helped draw people in!

The team have been working with the road casualty reduction team to deliver a series of powerful presentations to RAF Honington personnel about road safety, focussing on the fatal four - drink and drug driving, not wearing seat belts, using mobile phones and speeding. Attendees were given an opportunity to wear the beer goggles that change your visual perception to show alcohol impairment and the significant effect on judgement they can have.

County Lines drug dealing quite rightly remains a priority to the team, who are committed to disrupt and deter dealers in the town and protect the vulnerable members of our community who are often exploited by dealers. We have served a Section 8 notice to a flat in the town centre and the resident is being supported by us and his housing provider. The Section 8 notice is displayed in the window to warn dealers that the address is known to us and subject to regular welfare visits.



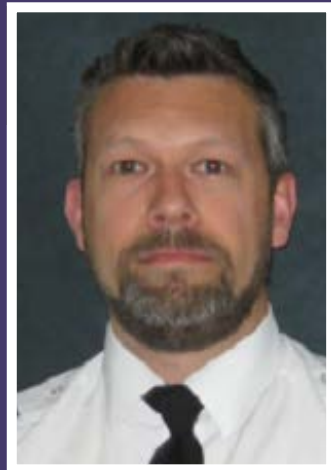
Elsewhere, we have assisted the children's and young persons officer DC Ali Sharman to deliver a County Lines awareness session to parents at Abbots Green primary school. The session gave an overview of County Lines and highlighted the methods used by dealers to trap young people into their criminal ways.

Lastly, we would like to welcome Sgt Jo Nettleton to the SNT who joins us from Haverhill and who will be supervising on of our teams.

### SOCIAL MEDIA

Twitter -  
@BuryStEdsPolice

Facebook -  
/BuryStEdmundsPolice



Inspector  
Andy Beeby

Inspector Andy Beeby is responsible for the Safer Neighbourhood Team in the Bury St Edmunds locality.



## MILDENHALL

PC Richard Smith, Community Engagement Officer

This is our first opportunity in the Constables County to say Happy New Year to you all and thanks for taking the time to read this publication and follow us on social media.

We've hit the ground running with a busy start to 2023 and a lot of demand on the community engagement officers across Suffolk.

We supported the White Ribbon campaign, which is the UK's leading charity engaging men and boys to end violence against women and girls. Their mission is to prevent violence against women and girls by addressing its root cause. Their aim is to change long established, and harmful, attitudes, systems and behaviours around masculinity that perpetuate gender inequality and men's violence against women. Our commitment to supporting the campaign and ending violence against women and girls (VAWG) is ongoing and we have taken several opportunities to publicise the work they are doing in schools, colleges, street meets and partnership working meetings.

We have some positive opportunities in the Forest Heath locality, and we are keen to push this information out so the children in our communities take advantage of out of school activities. The first being the free boxing for 12 to 18-year-olds in Mildenhall, Newmarket and Brandon. Anyone interested can email [positivefutures.suffolk@catch-22.org.uk](mailto:positivefutures.suffolk@catch-22.org.uk) or call 07717 290573. The second is the 'Teen Chill' activity currently operating at Newmarket Leisure Centre on a Thursday 7pm to 9pm and only costs £1 to attend. We are currently linking in with several partner agencies to see what funding is available for youth services and to discuss what could be done to give positive opportunities for the younger members of our communities.

I am looking to arrange a regular attendance with a police 'pop up' shop style stall at Brandon, Mildenhall and Newmarket markets days, to give an opportunity for you to come and speak to us about any concerns in the local community. This will also give me the opportunity to update on any local crime trends and how you can avoid being the victim of crime.

We continue to disrupt the drugs network with two males now sentenced to over eight years in jail for drug offences in Newmarket. 21 year old Sorren Price of Bill Rickaby Drive, Newmarket was sentenced to five years and seven months at Ipswich Crown Court after he pleaded guilty to being concerned in the supply of heroin and crack cocaine between 4 August 2022 and 8 November 2022. 19 year old Vinnie Whitted of Willow Crescent in Newmarket was jailed for 24

months after pleading guilty for being concerned in supply of heroin and crack cocaine between 13 April 2021 and 5 November 2021. He was also given a 39 month jail sentence for being concerned in supply of heroin and crack cocaine between 4 August 2022 and 8 November 2022. We have been supporting the community in Mildenhall around Peterhouse Close following ongoing anti-social behaviour with several children knocking on doors and running away. We also saw a large amount of graffiti in that area, with enquiries continuing as we look to identify those involved.

We were busy with the recent Neighbourhood Policing Week of Action in January which focuses on the role we play in your communities. My PCSO colleagues Anne-Marie Powell and Will have been supporting me across the locality in ensuring we are placing ourselves consistently in all the communities we serve - this can prove challenging at times due to the size of the area we work in. The Police Community Support Officers play an integral role in engaging in your areas to ensure your voice is heard. Please continue to follow us on social media where we will update on our latest work and information on the up and coming 'street meets'. Stay warm! PC Richard Smith



### SOCIAL MEDIA

Twitter -  
@MildnhallPolice

Facebook -  
/MildenhallPolice



Inspector  
Connor Lyon

Inspector Connor Lyon is responsible for the three Safer Neighbourhood Teams in the Mildenhall, Newmarket and Brandon locality.





## SUDBURY

### PC Darren Marshall, Community Engagement Officer

At the very end of 2022, I spent a couple of days visiting some of our elderly and vulnerable local residents from across the length and breadth of our policing area. Some had been a recent victim of crime, some had simply come to our attention owing to their vulnerabilities and a few were friends and supporters of us at Sudbury police station. All would have struggled to pop along to our community engagement events put on throughout the year. Thanks to a local supermarket, my visits were enhanced by a shopping basket full of festive treats which were universally well received. I hope to run something similar to this at the end of this year too.



Grace, Josh and Harry helped me to take our force mascot, PD Morse, to a very special Christmas party. PD Morse was very naughty because when everyone's back was turned, he had a go on the bouncy castle!



In January, we made the decision to boost our establishment of volunteer Police Cadets up 20 youngsters so a big "police family" welcome goes out to Mia, Alex, Scarlett and Holly. I very much look forward to working with you both at the station and out and about at as many community engagements as we can cram into this Coronation year. That said, my diary is filling up nicely but if you would like me, some of the cadets and who knows, maybe PD Morse if he promises to behave, then do drop me a line. E-mail would be best on Darren. Marshall@suffolk.police.uk.



Owing to a very busy diary of events late last year, I had to stand down our station's volunteer cadet unit throughout the month of December. I have lost count at how many times this brilliant group of local young citizens have helped us out in the last calendar year. We managed to squeeze in a few more events at the turn of the year and highlights included being joined by the Police & Crime Commissioner, Tim Passmore at Lavenham's farmers market. This was a very cold and chilly day but there was a good number of folks in attendance. Later the same day, Cadets

## SOCIAL MEDIA

Twitter -  
@HaverhillPolice

Facebook -  
/SudburyHaverhillPolice



T/Inspector  
Ben Hollands

Inspector Matt Paisley is responsible for the two Safer Neighbourhood Teams in the Sudbury and Haverhill locality.



## HAVERHILL

### PC Cheryl Claydon, Community Engagement Officer

I start by welcoming PC Mike Wilks and PC Tyler Schmidt are new recruits who have just started at Haverhill. We also said a sad goodbye to PCSO Jess McLeod but wish her all the best in the future.



## SOCIAL MEDIA

Twitter -  
@PoliceHaverhill

Facebook -  
/SudburyHaverhillPolice

On 1 December 2022 I joined other agencies with an estate inspection to see what issues we had and how they could be resolved. Lots of different issues were discussed and on the same day I conducted one of our 'street meet' engagements at Tesco for our White Ribbon domestic violence campaign.



Also in December had our late-night shopping event where we had a crime prevention stall with our Emergency Service Cadets. We were also joined by PD Morse, our mascot, which the children loved! It was such a busy event and we were lucky enough to be joined by officers from Haverhill SNT to assist. The Emergency Service Cadets assisted Haverhill town council with collection buckets. Elsewhere we organised a colouring competition before Christmas. Thank you to everyone that entered and well done and congratulations to our winner is Isla, aged 4. Thank you also to everyone who took the

time and effort to enter – the standard was very high!

We conducted a foot patrol in the town centre during December with Inspector Ben Hollands and MP Matt Hancock where we took him through some of the crime issues. We also had a great bit of successful partnership working with West Suffolk Council and Haverhill Housing where we obtained a closure order at a property in Haverhill to give some respite to residents from anti-social behaviour that has been impacting on their lives, causing them significant misery. The closure order for the address bans the tenant and others from the address for at least three months.

In mid-November, we conducted a drug warrant at an address at Anglian Place in Haverhill where two males were arrested and Class A drugs were recovered. One male has been to court and received a 45 month sentence. Another drug warrant was conducted just before Christmas where cannabis was recovered, and two males dealt with, although unfortunately a police officer was also injured at the address. Meanwhile, we will be at ATS on Rookwood Way in Haverhill on Wednesday 15 February from 10am to 3pm for a catalytic converter marking session. The premium metals contained within catalytic converters can be of particular value to thieves, so please get yourself and your vehicle down to there to get your car marked and increase its security. I will be holding a 'street meet' at Wickhambrook village hall car park on the same day - Wednesday 15th February 10-12 with a rural crime officer and our modern day slavery advisor.

Finally, it's never too late to start a new year resolution so have you ever thought about becoming a Special Constable or Police Support Volunteer (PSV)? Haverhill is always looking for volunteers to support the team. There is no age limit for PSVs and no requirements to complete any fitness testing. There are a wide range of roles available, and you can find more information visiting the Suffolk police website by clicking on the Join Us section of the force website and go to the 'Volunteers' section.





## STOWMARKET

### PC Stefan Henriksen, Community Engagement Officer

The year 2023 has started with lots of great engagement activity, and we are so pleased to be back in full swing. These have included lots of school visits which is a combination of engagement, trust building and education.

We are back with our 'street meets' which give us a chance to listen to any issues people may have in the community and at these we also provide lots of crime prevention advice, and we always happy to postcode mark bicycles. The next six months 'street meets' have been listed on the Stowmarket Facebook page, but we will re-advertise them just beforehand too.

Our Stowmarket area priorities have changed after we have listened to local residents and told us what is important to them. These are now:

1. ASB (anti-social behaviour) and disorder around the train station, Church Walk and Stowmarket town centre. Our actions include an increase in patrols in affected areas, crime prevention and multi-agency working including with BTP (British Transport Police). We are using Community Protection Notices and we are working closely with the SNTs (Safer Neighbourhood Teams) in those areas that the groups are coming from.
2. ASB in Milton Road North, Stowmarket. We have been carrying out regular patrols, both high visibility and covertly and we have dealt robustly with anyone causing ASB. We have used our stop search powers where necessary and have identified several individuals who have been involved. Our work has included working with partner agencies and assemblies at schools to explain to young people how ASB can badly affect residents.

Late January saw national Neighbourhood Policing Week. This was an opportunity to highlight that the police are part of the community and that neighbourhoods remain at the heart of local policing. Throughout the week, not only did we focus on early intervention to reduce crime and ASB, amongst other things, but we worked

closely with our Speedwatch volunteers in the community. To find out more about Speedwatch (a fantastic scheme) in your community please get in touch. The Cadets also got involved and they were up and about in Stowmarket on Saturday 28 January supporting a litter pick around Stowmarket, starting at the recreation ground. Predictably, it was hard work but good fun and it was well received by everyone we spoke to, we even took our 'police soapbox' with us.



## SOCIAL MEDIA

Twitter -  
@StowPolice

Facebook -  
/StowmarketPolice



**Inspector**  
John Murray

Inspector John Murray is responsible for the Safer Neighbourhood Team in the Stowmarket locality.



## IPSWICH CENTRAL

### PC Gavin Bevan, Community Engagement Officer

Hello and thank you for taking the time to read this article. As this is my first article for the Constables County, I would like to take this opportunity to introduce myself. I am PC Chris Garrod and I have been with Suffolk Constabulary for over 26 years. I have spent most of my career in community-based policing, whilst also performing other specialist roles outside of that. Needless to say, my style of policing is somewhat less formal than others and I am more than happy for you to call me Chris. I joined the Ipswich town centre Safer Neighbourhood Team (SNT) in September 2021 and have now been given the fantastic opportunity of being part of the community engagement team within the SNT.

Many of you will have already had the pleasure of meeting and working with PC Gav Bevan who has already established himself as a community engagement officer in the town centre of Ipswich. He and I will be working together as the local community engagement officers for Ipswich town centre.

We are both keen walkers, so you will be no doubt see us out and about on foot most days. We are more than happy to stop and have a chat with you about any concerns or issues that we may be able to assist you with. Now there are two of us, this will mean that we will also be able to provide you with a much better coverage of the town centre for more days of the week. We also have good links with our partner agencies, who together we work with to resolve larger or long-term issues.

With that in mind, if there is anywhere in particular that you would like to see us, or if there are any local issues or concerns you feel we could help resolve, please feel free to let us know. The quickest and easiest way to do this is via email on [CEOipcentral@Suffolk.police.uk](mailto:CEOipcentral@Suffolk.police.uk) or online via the following link <https://www.suffolk.police.uk/contact-us> or

As the winter months and with the cost-of-living crisis is hitting many hard, we would ask that you keep an eye out for your neighbours, especially the elderly and those that live on their own. If you have concerns for anyone, then again please let us know so

the relevant welfare checks can be carried out. There are several warm spaces that open up for free during the week that can assist those that cannot afford to heat their own homes. A warm space near you is often advertised on local social media groups, or you may find this warm space locator link handy. [Warm Welcome - Find a Space](#)

We are already starting to get a really good and diverse range of events in our diary for 2023. These cover a wide range topics, from careers and apprenticeship advice, community pop up days, 'Safer Streets' campaigns and crime prevention talks. Together with school and local community group inputs and not forgetting the Hadleigh and Suffolk shows we have a busy few months ahead. If you are part of a community group and or have event that you would like us to either be part of or know about, then please do let us know.

Lastly, I always like to promote our crime prevention link. This is known as 1st Principle. The link at the end of this article will signpost you to a wealth of crime prevention information that will help keep you, your loved ones and your property safe> [1st Principle](#).

We look forward to seeing you out on the streets of Ipswich.

## SOCIAL MEDIA

Twitter -  
@IpswichPolice

Facebook -  
/IpswichPolice



**Inspector**  
Domenic Mann

Inspector Domenic Mann is responsible for the Safer Neighbourhood Team in the Ipswich Central locality.



# SOUTH



## IPSWICH WEST

### PC Katie Jarrett, Community Engagement Officer

Welcome to Ipswich West's first article of 2023. Looking back to December and Christmas it feels so long ago now. If you made any New Year's resolutions, how are you getting on? I have completed 'Dry January' and I've been increasing my fitness so big pat on the back for me, I just need to have the willpower to carry it on! I'm fed up of being cold now though and looking forward to some warmer weather.

Borough Council and anti-social behaviour officers. Questionnaires were carried out regarding anti-social behaviour with local residents. The feedback obtained will be used to identify any areas that need to be looked at further.

I attended Castle Hill primary school where we carried out a security bike marking session. Pupils had the opportunity to bring their bikes in and I security marked them. Bikes and scooters are often expensive and a real lifeline for some children. They are also an easy target and often get taken and disregarded. By marking them and getting them registered on a database, we have a much better chance at returning them to their rightful owner.



I have been on a walk about with Gipping councillors, Cllr Hughes, Cllr Ellesmere and Cllr Gardiner. Not only is this a really good way of getting to know the local area and finding out more about the local issues, but it's also continuing to build the relationship between our partner agencies who work very closely together. The fact that I got my quota of steps in didn't hurt either!

I have joined Inspector Ben Richards at Claydon Scout group. Visiting these local community groups is a vitally important part of my role. These youngsters are aged between 8 and 10 and their minds are really curious and inquisitive, so by carrying out these engagements we are sowing the seed to help them make better choices in their lives as they grow up.

Every week the police are receiving multiple reports of malicious communication (online bullying) via social media. I have taken to social media myself and asked that people think carefully before they post anything online as actions have consequences and the actions of some individuals are having devastating consequences. It's part of my job to educate and promote a "be kind" attitude. You can get plenty of tips and links to external support groups on our website if you are being cyber bullied or know someone being cyber-bullied.



I attended a "street meet" in Austin Street with my link officer colleagues and members of the 'Safer Streets' team from Ipswich



## SOCIAL MEDIA

Twitter -  
[@IpswichPolice](#)

Facebook -  
[/IpswichPolice](#)



## Inspector Matt Breeze

Inspector Matt Breeze is responsible for the two Safer Neighbourhood Teams in the Ipswich West and Hadleigh locality.



## HADLEIGH

### PC Katie Jarrett, Community Engagement Officer

This is the first update of 2023. May I say Happy New Year even though we are well and truly into 2023 already.

For those of you who have accomplished 'Dry January' like me and made attempts to get fitter can I just say well done and let's keep going. It won't be long until the warmer weather graces us and the evenings get lighter.

real wide range of volunteers (in case you are interested) but there is also a vast number of other volunteers who are dedicated to helping others or maintaining the area where they live. Their passion is admirable, and I want to say a massive thank you for your dedication. If you want to join the police as a volunteer, as a Special or as a Cadet for young people, please go to the 'Join Us' section of the police website.

## SOCIAL MEDIA

Twitter -  
[@HadleighPolice](#)

Facebook -  
[/HadleighPolice](#)



I have had a 'walk and talk' with parish councillors for Stoke by Nayland, Cllr Stevie Bezencenet and Cllr Sean Fry. It was enlightening to hear some of the history of the area and to hear what the local issues are. What should have been another 'walk and talk', this time around Hadleigh with county councillor and Babergh District councillor Mick Fraser ended up being a drive around due to the lovely British weather (!) Carrying out these types of engagement sessions are incredibly beneficial as I'm learning the local area and getting an insight into the work of local councillors and how we can work in partnership for the benefit of local residents.

In December, I assisted the school liaison team and carried out some student surveys. These surveys were carried out in all high schools and was a way to engage with our youngsters and see what their concerns are with regards to safety in and out of school. The compilation of the results will be shared with partner agencies with school learning packages will be created or adapted and delivered in the future by our school liaison officers.



There is a reoccurring theme with Hadleigh town and the villages in the patch. Speeding is being raised regularly as a cause for concern. The Safer Neighbourhood team and Inspector Matt Breeze are aware of your concerns and are consequently getting out and about with the speed gun. We also support Community Speed Watch who are a very powerful visible educator and visual deterrent for speeding motorists.



PCSO Jo and I have had the pleasure of meeting volunteers. Suffolk police have a



# SOUTH



## FELIXSTOWE & WOODBRIDGE

### PC Rachael Partridge, Community Engagement Officer

December 2022 was the month for licencing visits in towns and surrounding villages as part of Operation Facilitate. We feel that it is important to have regular contact with licensees in order to share information and provide crime prevention advice. We record our visits and work closely with other agencies to keep everyone safe on a night out. Have you seen the town pastors out of foot? The pastors are Christian volunteers, usually present on a Saturday night and wear high visibility jackets. They bring a positive influence on the streets, providing help and support to vulnerable people. Personal safety should be considered before you even go out of the door.

Be well prepared and make sure that you have planned your safe travel home and that nobody is left behind on their own. Be aware of the risk of being under the influence of alcohol or drugs, make sure you keep valuables out of sight and avoid places where you can't be seen by others. Do not feel afraid of asking for help and use the "Ask Angela" phrase if you need help within or outside licenced premises and are feeling vulnerable. Licence holders and staff should know this a codeword to get help to you. For more crime prevention advice visit [www.suffolk.police.uk](http://www.suffolk.police.uk) and look at the 1st Principle A-Z of crime prevention.

Police were invited to attend Trinity Park on Felixstowe Road in Ipswich where 160 young people aged 8-14 attended from local schools to learn about cycle safety. PC Hannah Canning and I had a busy day speaking to students and staff about how to stay safe when cycling, especially in the dark. The children completed activities and asked some really important questions with regards to how they could stay safe cycling to and from school. Each student was provided with information on how they could post code their cycle and keep their valuables safe too. There will be more dates coming up where you can get your cycle post coded. Visit Martello Park in Felixstowe between 11am and 12 noon or Woodbridge Skate Park between 1pm and 2pm on Sunday 5 February 2023 where I will be happy to postcode your cycle.

I was pleased to be invited to the Woodbridge Christmas 'chinwag' at Woodbridge Community Hall where I was able to speak to a number of elderly residents. We discussed crime prevention, specifically the effects of fraud and scams that are unfortunately catching people out. What scams do we expect to see in 2023? The pressures of the cost of living crisis has given fraudsters an opportunity to use energy rebate scams or posing as organisations purporting to give you a better deal. Be aware of text messages, email and calls from anyone asking you to apply. Protect yourself, be sceptical and never give out your personal

information. Lock down your privacy settings on social media and enable two factor authentication. Make sure all of your accounts have a strong password. It may sound simple but I bet you most people have not checked their cyber security. If you think something is too good to be true then the likelihood is that it is a scam. Do your research and if you spot a scam then please report it to prevent to make others aware.



Entering into the new year we have continued to receive complaints about speeding motorist and inconsiderate parking especially outside primary schools. East Suffolk Council parking enforcement can be contacted for parking contraventions and police for incidents of obstruction, risk and harm to the public as a consequence of poor parking. PC Hannah Canning and I carried out a number of speed checks in Garrison Lane, Langer Road, Ranelagh Road, Ferry Road and Colneis Road in Felixstowe recently which was well received by local residents. Did you know Suffolk Constabulary's road safety team dealt with 2,646 speeding offences in December 2022? Remember, drive to arrive and plan your journeys and give yourselves more time to reduce the risk of committing speeding and parking offences.



## IPSWICH EAST

### PC Hannah Canning, Community Engagement Officer

First of all, I'm going to start off by wishing everyone a belated Happy New Year! At the end of November, PC Rachael Partridge and I were invited along to participate in a mini school cycling festival at Trinity Park in connection with a cyclocross world championship event. Children from local schools came along on a rather chilly day to take part in various sessions with a cycling theme, including art, science, cycling skills, safety and of course trying out some of the cyclocross course.

I visited some of the marinas in the Ipswich area regarding recent thefts from boats and to leave updated information about Project Kraken – a national initiative to increase public awareness of terrorism or criminal activity at marinas, moorings or on the water. There's now a direct Coastal Crime hotline via Crimestoppers where you can report information anonymously on 0800 0113304.

Did you know that we have a Suffolk Constabulary museum at our Martlesham Heath headquarters? The museum features police artefacts and photographs dating back to the very start of policing in the county. I've been working with our wonderful volunteers recently to support groups visiting the museum. We're not open to the general public, but we do offer group tours by arrangement.

You can find further information at [www.suffolk.police.uk/about-us/our-organisation/suffolk-constabulary-museum](http://www.suffolk.police.uk/about-us/our-organisation/suffolk-constabulary-museum) or please get in touch with us via email at [museum@suffolk.police.uk](mailto:museum@suffolk.police.uk)

Following a recent burglary, I spent some time with the victims going through a home security checklist to try to reduce the likelihood of it happening again. If you have any concerns or want to do the same, you can find our checklist and advice online at [www.suffolk.police.uk/sites/suffolk/files/homesecuritychecklist1.pdf](http://www.suffolk.police.uk/sites/suffolk/files/homesecuritychecklist1.pdf). I also delivered some home security reminders to other properties nearby. Don't forget that if you want to be kept up to date on the latest policing news for your area, you can sign up to emails from Police Connect, just take a look on our website.

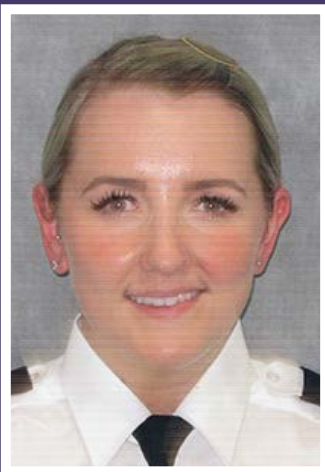
Our Safer Neighbourhood Team officers have carried out proactive warrants in the area, seizing drugs and connected items to disrupt local drug supply criminality. Community intelligence can provide evidence for these warrants and you can help us to continue this disruption and make our communities safer by telling us what you know either directly or via anonymous reporting like Crimestoppers.

One of my favourite jobs over the last couple of months has been to reunite a lady with a ring of great sentimental value that she had lost while walking in her neighbourhood. The ring was handed in to the SNT by a very kind gentleman, and thanks in part to the power of social media, we were able to return the jewellery to the very happy (and relieved) rightful owner. I have to say that it made my week too – it is wonderful when we get the opportunity to be the bearer of good news!

## SOCIAL MEDIA

Twitter -  
@FelixWoodPolice

Facebook -  
/FelixstoweWoodbridge  
Police



## Inspector Nicola Turner

Inspector Nicola Turner is responsible for the three Safer Neighbourhood Teams in the Ipswich East, Felixstowe and Woodbridge locality.

## SOCIAL MEDIA

Twitter -  
@FelixWoodPolice

Facebook -  
/FelixstoweWoodbridge  
Police



We were invited to join Project 21 at one of their sessions just before Christmas to talk about keeping safe – but of course we couldn't resist making some keyrings and taking some uniform to try on as well! I also dropped into the Kesgrave Tea Party organised by the town council where I was lucky enough to see Father Christmas handing out gifts to some of the older residents of the area!

As always, we've been out and about in the community. I've been trying to visit as many of our local warm spaces, top-up shops and community spaces as I can to find out what is going on in the area and to chat to those living and working locally. We've also been into lots of our high schools to chat with the students to find out they feel in their community and at school, and what they are most worried about. I have also had the opportunity to visit lots of young people at local groups including nurseries, an after-school club, Rainbows and Brownies. I also attended my first Police Cadets meeting. I'm always more than happy to make visits, so please do get in touch if there is anything that I can help with.



# Don't like waiting?



For non-urgent reports of Crime, ASB, Road Collisions and Frequently Asked Questions why not

'Click before you call' and visit

**[www.Suffolk.Police.uk](http://www.Suffolk.Police.uk)**

You will...



## Save yourself valuable time

On average it only takes a few minutes to make a report, or find an answer to a question, on our website

## Never wait in a queue

There are never queues on our website, you can start making a report instantly at your own speed



## Help us to help you

By reporting online you are helping us have more time to answer emergency calls

# ENOUGH.

WE CAN STOP  
VIOLENCE  
AGAINST  
WOMEN AND  
GIRLS.

If you see it, **call it out, show support or report.**



SUFFOLK  
CONSTABULARY





# CONSTABLE'S COUNTY



**SUFFOLK  
CONSTABULARY**



**Suffolk Police and  
Crime Commissioner**

*Making Suffolk a safer place to live, work, travel and invest*